



Who You Say I Am *Day 1: Verse 1*

Who am I that the highest King
Would welcome me?
I was lost but He brought me in
Oh His love for me
Oh His love for me

Scripture Reference

In love he predestined us for adoption to sonship through Jesus Christ, in accordance with his pleasure and will— to the praise of his glorious grace, which he has freely given us in the One he loves.

– *Ephesians 1: 4b-6*



Rhythms of Faith

Daily Devotionals Based on Songs

This week we'll relate our adoption in Christ to our earthly family, parents, and childhoods. We all have a childhood of memories. For some of us, those memories are filled with challenges, difficulties, and hurts. While we may have a few good memories scattered in, our memories are more often clouded in hurt and pain. For some of us, those memories may have included a family who "loved" Jesus outwardly, but inwardly rebelled against Him. For others, those memories may not have included a faith at all.

Begin your week recalling specific and general memories of your childhood. Write to your Heavenly Father any memories that He brings to mind. Did those memories include any expressions of faith, whether for the benefit of others or for your own benefit? Ask the Holy Spirit to bring comfort now in those memories.

At some point in life, most of us ask the pivotal question: "Who Am I?". With difficult childhoods that may have brought painful definitions to our realities, we can find ourselves uncertain as to who we really are and what we're meant for. Our scripture today tells us we are the children of God, adopted to sonship. God predestined us for that. That inner feeling of wanting to be something more...well, God tells us we **are** something more, we are His sons and daughters.

Do you ever recall asking yourself or God "Who Am I?" If so, spend time reflecting on that moment or that season in your life. Did you do anything specific or think any particular thoughts that helped you process that question? Whether you've asked "Who Am I" or not, what does it mean to you to be a child of God?



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When we struggle for love and acceptance as a child, we often enter adulthood with that same struggle. We can enter seasons of intense and extensive sin or altogether question the goodness of God. We don't quite know how to handle disappointment in a healthy manner. We can feel lost. But today's scripture tells us that our Heavenly Father has freely given us His glorious grace. I once heard grace defined as "getting what we don't deserve". We may not deserve all that God gives us, yet, He so freely gives it to us through His grace.

Do you feel like you deserve all that God has blessed you with? Have you struggled in adulthood with either a season of doubt or a season of sin? How have either of those seasons impacted your understanding of God's grace?

"In love, he predestined us..." Our scripture begins with the very attribute of God that our song so deeply feels – God's love. For those of us with difficult childhoods, we might try to relate our parents' love for us to that of God's love for us. However, whether our parents withheld love altogether or simply struggled to provide us secure childhoods, we can know our Heavenly Father is infinitely more able. While our earthly family can be a symbol of our Heavenly family, our Heavenly Father loves us far more perfectly than our worldly parents even on their best day. God's love for us will continue to serve as our foundation this week and throughout this song.

End today in prayer with your Heavenly Father. Thank Him for all the love He has given you through your childhood, your adulthood, and through all the individuals that have been a part of either of those. Even if that list feels short, praise Him for His love and His grace.
