



Who You Say I Am *Day 1: Verse 1*

Who am I that the highest King
Would welcome me?
I was lost but He brought me in
Oh His love for me
Oh His love for me

Scripture Reference

In love he predestined us for adoption to sonship through Jesus Christ, in accordance with his pleasure and will— to the praise of his glorious grace, which he has freely given us in the One he loves.

– *Ephesians 1: 4b-6*



This week we'll relate our adoption in Christ to our earthly family, parents, and childhoods. We all have a childhood of memories. For some of us, those memories are filled with love and joy. While we may have had certain struggles and sadness, we can easily look back on our childhood and readily recall examples of happiness, love, and fulfillment. For some of us, those memories are rooted in our family's faith and love for Jesus. For others, those memories are rooted in our family's love, but not necessarily in Jesus' love.

Begin your week recalling specific and general memories of your childhood. Write to your Heavenly Father any memories that He brings to mind. Were those memories tied to your personal faith or your family's faith? Thank God for those good memories. Praise Him for the blessings of your childhood.

At some point in life, most of us ask the pivotal question: "Who Am I?". Even with a childhood of amazing memories, we can find ourselves uncertain as to who we really are and what we're meant for. Our scripture today tells us we are the children of God, adopted to sonship. God predestined us for that. That inner feeling of wanting to be something more...well, God tells us we **are** something more, we are His sons and daughters.

Do you ever recall asking yourself or God "Who Am I?" If so, spend time reflecting on that moment or that season in your life. Did you do anything specific or think any particular thoughts that helped you process that question? Whether you've asked "Who Am I" or not, what does it mean to you to be a child of God?



For those of us with happy childhoods, we can often struggle when we enter a season of feeling unsure of ourselves or a season of sin that we know does not align with our Father's will for us. We don't quite know how to handle the disappointment. We can feel lost. But today's scripture tells us that our Heavenly Father has freely given us His glorious grace. I once heard grace defined as "getting what we don't deserve". We may not deserve all that God gives us, yet, He so freely gives it to us through His grace.

Do you feel like you deserve all that God has blessed you with? Have you struggled in adulthood with either a season of doubt or a season of sin? How have either of those seasons impacted your understanding of God's grace?

"In love, he predestined us..." Our scripture begins with the very attribute of God that our song so deeply feels – God's love. For those of us with happy childhoods, we can relate our parents' love for us to that of God's love for us. But we can also know that our Heavenly Father loves us even more perfectly than our worldly parents. God's love for us will continue to serve as our foundation this week and throughout this song.

End today in prayer with your Heavenly Father. Thank Him for all the love He has given you through your childhood, your adulthood, and through all the individuals that have been a part of either of those. Praise Him for His love and His grace.
