



## *Holy Spirit* *Day 2: Verse 2*

I've tasted and seen, of the sweetest of loves  
Where my heart becomes free, and my shame is undone  
In Your Presence Lord

### *Scripture Reference*

I sought the Lord, and he answered me;  
he delivered me from all my fears.  
Those who look to him are radiant;  
their faces are never covered with shame.  
This poor man called, and the Lord heard him;  
he saved him out of all his troubles.  
The angel of the Lord encamps around those who fear him,  
and he delivers them.

Taste and see that the Lord is good;  
blessed is the one who takes refuge in him.  
Fear the Lord, you his holy people,  
for those who fear him lack nothing.  
The lions may grow weak and hungry,  
but those who seek the Lord lack no good thing.

- *Psalm 34: 4-10*



“Taste and see that the Lord is good” our scripture reads. Taste in this context can be translated to mean discern or perceive. The Moody Bible Commentary explains this verse could read as “one should derive discernment from the Lord’s work and word and consequently see that He is good.” God has given us His word through the Bible so that we can discern His goodness. He also has given us the Holy Spirit to teach us and apply what it is we read. In order to declare what our song declares “I’ve tasted and seen, of the sweetest of loves,” we must dig into His word and allow the Holy Spirit to develop our understanding.

*How often do you spend time with your God and the Holy Spirit? Are you investing in your spiritual understanding and life through reading His word, spending time in prayer, or studying to better understand? Maybe life is too busy or something else looks like more fun. Ask the Holy Spirit today to fill you up with a renewed sense of desire for His word and His relationship.*

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As we seek the Lord, our scripture today tells us that we become “radiant” and our face is “never covered with shame.” According to the original Hebrew word, this radiant refers to sparkling or beaming with joy. Oh, don’t you want to sparkle with joy in the presence of your Lord? Even more, our scripture tells us we are never covered with shame when we look to Him. As our song puts it, our shame is undone. It is no more. When you approach the throne of grace, God removes all shame. Sometimes, that grace is hard for us humans to accept, isn’t it?

*Do you approach the throne of God as if your shame is undone or removed? Why or why not? Is there anything in your prayer life that is holding you back from more freely beaming with joy in the presence of your Heavenly Father?*

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# Rhythms of Faith

Daily Devotionals Based on Songs

Our scripture talks of so many amazing things the Lord did for the psalmist and for us. The Lord answers, delivers, saves, hears, encamps around, provides refuge, provides all good things. Take a moment to fully appreciate the weight of those statements – do not merely skim over them. Don't those things depict the sweetest of loves to you? In those things, we can become free. The Lord frees us. Blessed is the one who takes refuge in Him.

*Which of the above actions of the Lord provides you the most comfort today? Why do you think that one resonates so strongly with you? Which do you struggle the most accepting or embracing in your life? Why do you struggle with that one?*

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Our song reminds us today that the sweetest of loves is found *in His presence*. Our scripture makes many references to seeking, looking towards, taking refuge. These all are **active** references – we are called to **actively** participate in our relationship with our Heavenly Father. Our psalmist, King David, a man after God's own heart, tells us to "fear the Lord." This fear means a sense of awe, respect, or reverence. Do we sometimes forget whose presence we are in? Yes, our Lord can and does give us all good things, but do we recognize how much more than that He is? We lack no good things – when we *fear and seek Him*.

*How often do you stop and recognize whose presence you are in? What does seeking God mean to you? Do you find yourself more often seeking God or seeking the things He can give you? End today praying to your Heavenly Father. Welcome him into this place, your life, and your heart. Submit over to God the struggles you explored at the beginning of today's session. Renew your commitment to Him to grow your relationship. Bask with joy in the presence of your Heavenly Father.*

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